

AT A GLANCE

Move More Newark & Sherwood are a place-based team that has been formed through the collaboration of various organisations. The aim is to enable local communities to overcome shared challenges such as physical inactivity by greater collaboration and connectivity across the district. Active Notts, the county's Active Partnership, plays a key role in bringing together different organisations and improve physical activity of their respective communities.



WILL HUGHES

STRATEGIC LEAD
ACTIVE NOTTS & ACTIVE
DERBYSHIRE

The whole experience of team coaching was just right for our team. We did work together previously, however, now we really work effectively together and are clear on the role and the impact that we can have on the system. The coaching sessions were informative, thought-provoking and moved us out of comfort zone. We now have a strong team with a clear purpose and plan. I also benefitted with individual coaching, which helped me develop myself to lead this team confidently.

CHALLENGES

As a place-based team, their challenges were:

- Creating an effective team who come together regularly and drive forward their joint priorities
- Influencing others to embrace the concept of collaboration and the benefits it can bring
- How to work brilliantly together to tackle this challenge and many others too

SOLUTIONS

Through a tailored package of support containing both individual and team coaching, we provided the whole team with development, support and guidance in response to their unique needs and challenges. This included:

- Creating a clear vision and purpose for a multi-organisational place-based team
- Establishing clear and defined team roles, shared ways of working and a shared action plan
- Developing tailored and innovative approaches for how to engage with a variety of stakeholders and interest groups across the district



Team Purpose
& Vision



Importance of
building
relationships with
Stakeholders



Defined clarity in
roles, ways of
working

HOW WE HELPED

7 SESSIONS

TO BRING THE TEAM TOGETHER TO DISCUSS PURPOSE, WAYS OF WORKING AND DEVELOPMENT OF SPECIFIC SKILLS

INDIVIDUAL & TEAM COACHING

AND DEVELOPMENT

TOOLKIT

TO HELP SUPPORT THEIR ACTIVITIES – STATES OF RELATIONSHIPS, GIVING FEEDBACK, CREATING A VISION AND BUILDING RESILIENCE AS A TEAM

BENEFITS

1 Developed an effective Leadership Team

Who are now able to influence and grow collaboration

2 Revised ways of Working and Communication

This helped the cross-district team develop effective relationships and trust with each other

3 Created a movement of activity

Introduced the concept of collaboration and its benefits within each organisation, their senior leadership and team members