

ACTIVE NEWS

Thursday, April 25, 2024

SECOND EDITION



www.activationproject.org

Tap into...



Our [Neurodiversity Celebration Week campaign](#) that celebrates the incredible diversity of minds that enrich our world. [Vanessa Juby](#) shared how neurodivergence has impacted her life and the strategies she uses to cope, while [Amanda Hickey](#) talked about her experiences on navigating neurodiversity in the workplace, encouraging us to embrace differences and the unique strengths they bring to our teams and communities!

Check out our latest [Blog](#) by [Doug Middleton](#), one of our [LeaderLine](#) coaches. He discusses the benefits of being in a team and what you can learn from it.

[The Activation Project](#) has reached its 5-year milestone! To celebrate, we reflected on our recent successes, including supporting 115 organisations and enhancing the capability of 327 leaders over the past three years. As a small token, we offered a 5% discount to those who registered in the following 5 days.

Read up our latest [Case Studies](#), where we showcase how our approach extends beyond objectives to nurture emotional well-being and personal growth. For instance a) [Matt Rhodes](#), Senior Policy Manager, AOC Sport, shares how the coaching sessions reaffirmed his leadership style..... b) Through a tailored package including both individual and team coaching for AOC Sport, we provided development, support, and guidance in response to their unique needs and challenges.



Upcoming Events

- National Fitness Day (3rd May)
- Mental Health Awareness Week (15th May - 20th May)
- World Day for Cultural Diversity for Dialogue and Development (21st May)



Industry News

This month we have focused on inclusion, in multiple settings, because ultimately everyone is different. By celebrating neurodiversity, we recognise everyone's unique approach to learning and working, which can evidently make a great team.



Sport England - This month, Sport England published a [blog](#) written by [Caragh McMurtry OLY](#): Founder and Director of Neurodiverse Sport, explaining how inclusivity can benefit every level of competition.



Sport Wales - In this article, Sport Wales explores the advantages of enhancing sustainability within your sports club, highlighting how it can boost community engagement.

Stay Connected



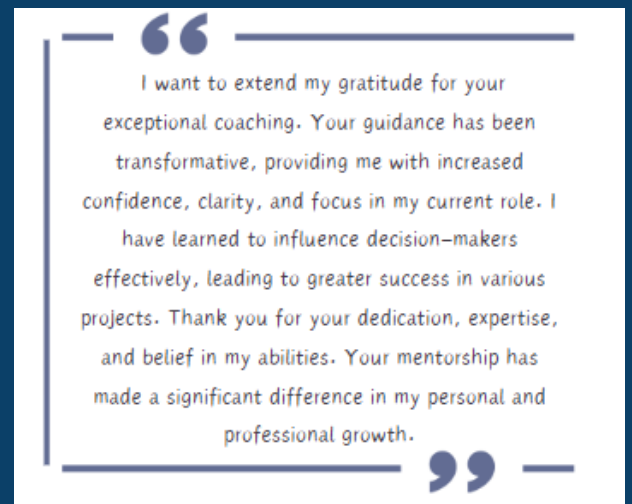
We have developed and trialed a new part of our coaching proposition that we have called **Stay Connected**. This is a series of activities that our alumni can access. One of these activities being, that we hosted a variety of discussion groups with leaders to discuss topics that were important to them. It was brilliant to see so many people attend the session, from different organisations doing different roles, and the quality of discussion was amazing. This is what leader's said;

- it was good, interesting and diverse conversations around how we operate with the opportunity to learn from other's in a facilitated environment
- it was great to connect with other leaders who are open to reflecting and being open and honest with challenges that they are experiencing
- it was interesting to hear different perspectives and ideas

We run these on a Friday for about an hour so look out for future dates and topics and come and join in. See you soon!



Our Success Stories



If you'd like to learn sign up to be coached by our expert coaches, [click here](#)